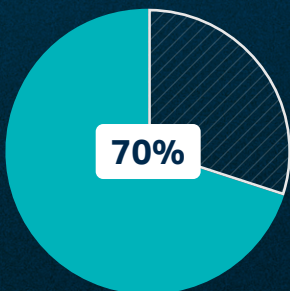


Transforming lives through Work and Health in Portsmouth

Breaking barriers, building futures

Launched in 2018, Portsmouth's **Work and Health Programme** set out to help people with health conditions, disabilities, and complex challenges find meaningful employment. Delivered by **Portsmouth City Council** in partnership with **Seetec Pluss**, and co-financed by the **European Social Fund**, the programme exceeded expectations and changed lives.

Achieved:



Smashing the goal!

1,412

started programme

1,001

achieved personal
employment outcomes

This wasn't just about jobs. It was about confidence, skills, and hope.

What made it work?

The programme offered personalised support through initiatives like:

- SAFE New Futures
- Work and Health Job Club
- Community Learning Service at The Learning Place



Participants gained confidence, practical skills, and a renewed sense of purpose.

"A breath of fresh air compared with other courses... They give you time and listen to your individual needs rather than mechanically rushing through a set itinerary."

– Jon

"The atmosphere has been incredibly welcoming and non-judgemental... I definitely feel more prepared for interviews and have a more optimistic view for my future."

– Blake

"I came to the UK seeking asylum and have found so much to help me move forward. I want to pay this back by working and supporting young people."

– Deufe

"I was suffering from low self-esteem and anxiety... With help and guidance, I feel ready to get back to what one can call normal."

– Jade



You can request this information in large print, Braille, audio or in another language by calling 023 9281 5005



Portsmouth
CITY COUNCIL

