

CARE TO BE PROVIDED AT MORNING VISIT 1x carer										
Time from	08:00	Time to	08:30	M	T	W	TH	FR	SA	SU
				✓	✓	✓	✓	✓	✓	✓
My care worker to let themselves in using the key safe xxxx for my door, for the main entrance xxxx I will be in my bedroom when the care worker arrives. My care worker to greet me and ask if I slept well. I keep my pads in the drawer opposite to my bed; Blue and Yellow pads are for the daytime and green pads are for nighttime. I will then get out of bed and use my 4 wheeler to mobile to the bathroom. I will sit on the toilet, my care worker leaves to give me privacy. Once I am done, I will call my care worker to come back in and assist me with a strip wash. The pink flannel is used for my face and the white flannel is used for the rest of my body. The big blue towel at the back of my door is used to dry my face and body. My care worker to prompt me with oral care, I am independent with this activity. I then walk to the bedroom, apply moisturising cream on the dry areas on my body; these are, both lower legs, my right arm, right thigh, and the right side of my back. I do not want cream on any other areas which I have not mentioned. Care work to give me a clean pad and assist to get me dressed, I will choose what to wear and I able to put on my bra. Please ensure that I have my socks on my feet. Assist me to put my shoes on. I will make my way to the lounge, make sure that I have my glasses in my trolley/ 4-wheeler when I need them. Insert my hearing aids, they are kept in the top drawer besides my bed. My partner will prepare breakfast for me, and he administers my medication. Ensure that my side of the bed is made and that the bins are emptied. Clean the commode in the bedroom.										

- Official Sensitive -
