

MAKING A DIFFERENCE

Matthew Spiller, Contracts Manager



MAKING A DIFFERENCE

Portsmouth International Port

Social value themes

- Local employment
- Armed forces veterans
- Support into work for the unemployed
- Visits into schools and colleges and visits to site
- Training and apprenticeship opportunities
- Volunteering

MAKING A DIFFERENCE

Portsmouth International Port

Fareham College Civil Engineering Groundworks Apprenticeship

- Raising profile
- 'Restart' long term unemployed programme
- 'My Future in Portsmouth Youth Hub', 16-24

UTC Portsmouth (university technical college)

- Specialises in teaching STEM subjects
- 2 x site visits (24 Feb and 3 March)
- Interview training and CV support



MAKING A DIFFERENCE

Portsmouth International Port

Employer supported volunteering policy

- Every employee at Knights Brown receives a day's paid leave to participate in volunteering activities
- 2021-2022 | 672 hours of volunteering companywide

Portsmouth Homeless Families Service

The Salvation Army
Lifeshouses and Support

Alison Threlkeld

Programme Manager



Catherine Booth House

- 21 flats in a self contained building – 1 of which is an accessible flat
- Access to playroom, multipurpose room, garden for clients
- 24 hour support from staff

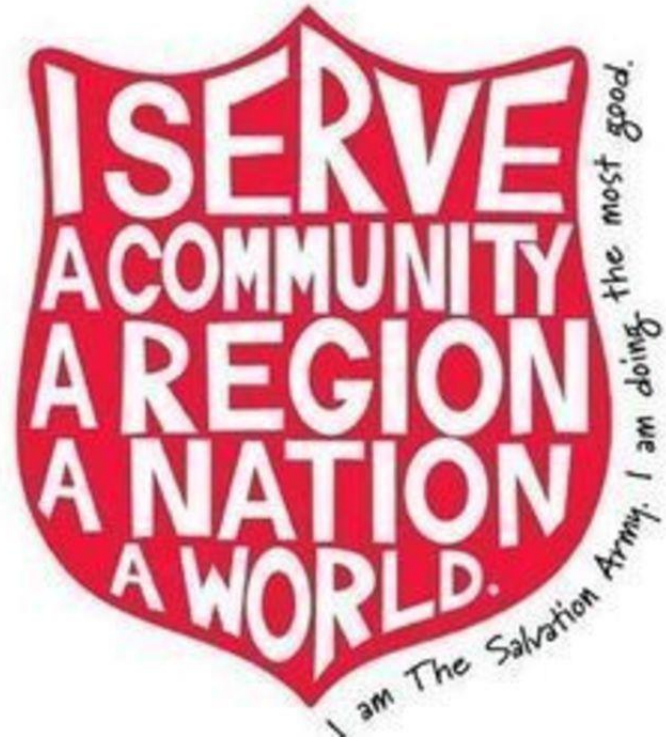
Our Garden Project

Our Goals

- Accessibility
- Safety
- Education
- Health

The Impact

- Healthy Eating
- Exercise
- Mental Health
- General Wellbeing
- Community Relationships



Thank You

BH Live - Social Value

bhlive



March 2023

- Introduction
- Social Value/City Impact
- How do we increase Social Value
- Partnerships
- The future..

We are a market leading leisure and event venue operator – a registered charity and social enterprise that designs and builds engaging experiences to inspire people and enrich lives

We work in partnership with Portsmouth City Council operating six venues;

- Mountbatten Centre
- Pyramids
- Portsmouth Tennis Centre
- Portsmouth Gymnastics Centre
- Wimbledon Park
- Charter Sports Centre

As a social enterprise, we don't pay dividends to shareholders. Every pound we make is used to run our business and provide a surplus to invest in our social objectives.

Social Value Calculator

- Using evidence based academic research, undertaken by Sheffield University and funded by DCMS and Sport England, Social Value Calculator (SVC) gives operators the ability to accurately measure and value the impacts of sports and physical activity they offer.

TOTAL SOCIAL VALUE

£3,210,663

TOTAL SV PARTICIPANTS

23,467

SOCIAL VALUE
PER PERSON

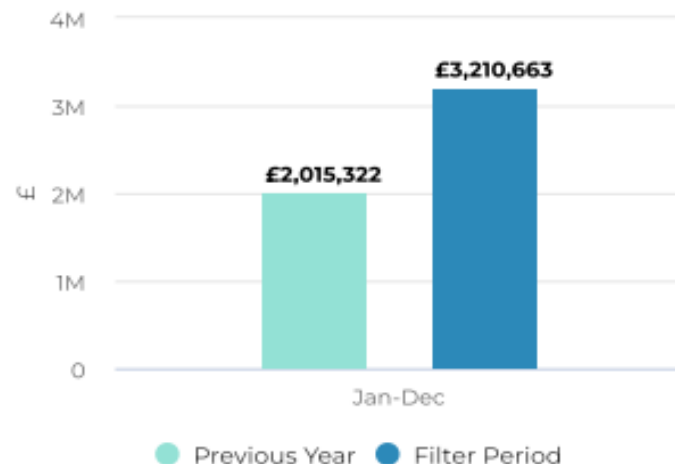
£137

SOCIAL VALUE PER SITE

£802,666

TOTAL SV

Jan-21 Dec-21 vs Jan-22 Dec-22

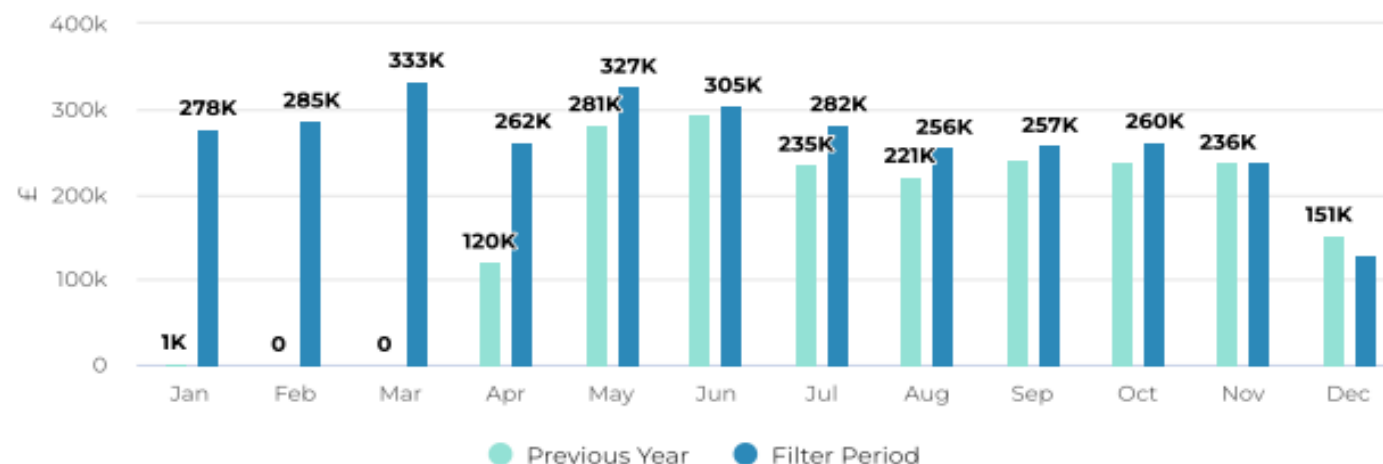


YOY (Jan-21 Dec-21 vs Jan-22 Dec-22) ▲

+59.31%

TOTAL SV PER MONTH

Jan-21 Dec-21 vs Jan-22 Dec-22

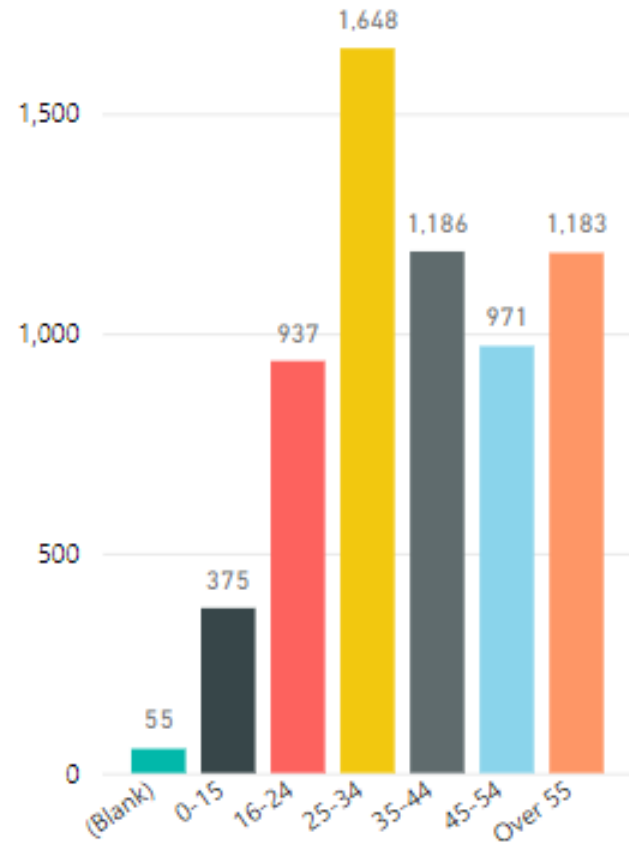


MONTH ON MONTH CHANGE (Dec-21 vs Dec-22) ▼

-15.90%

Over 1.8 million visits per annum

Membership by Age Group



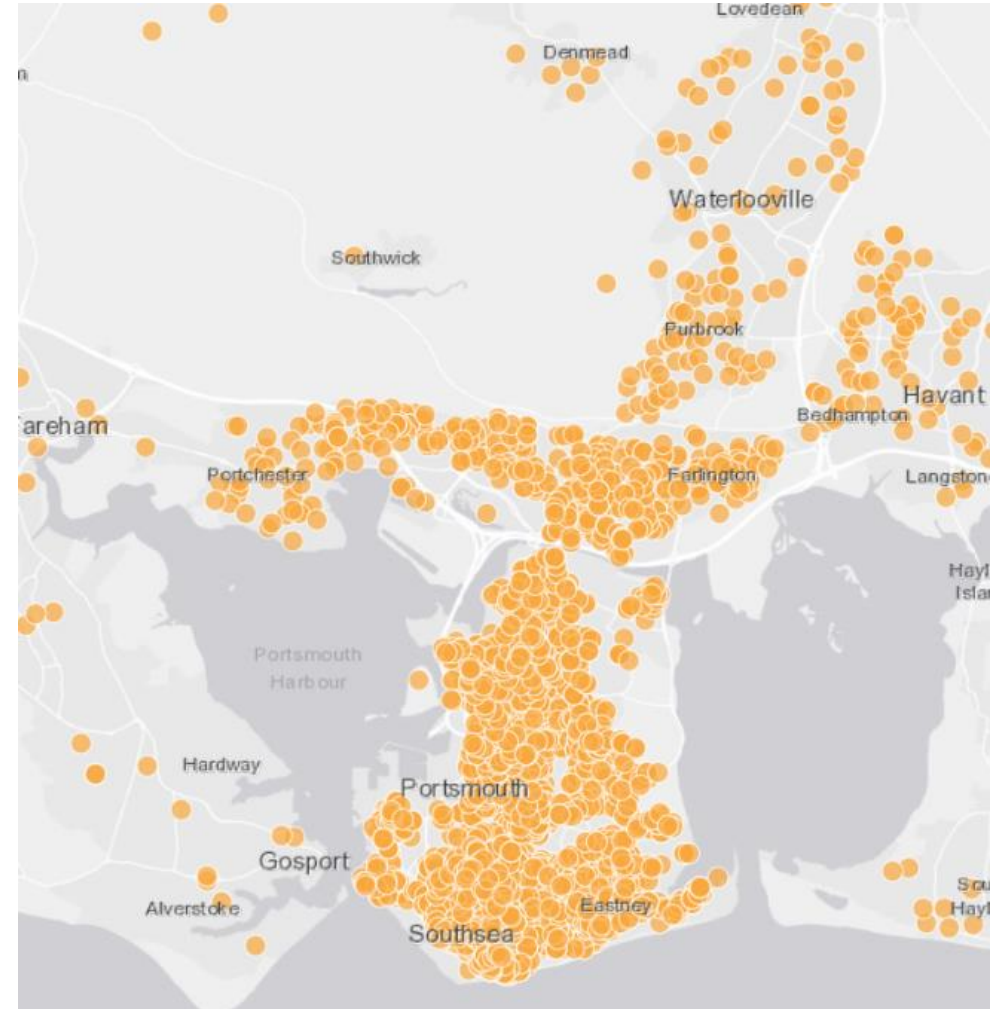
Member Gender

Female

3,252

Male

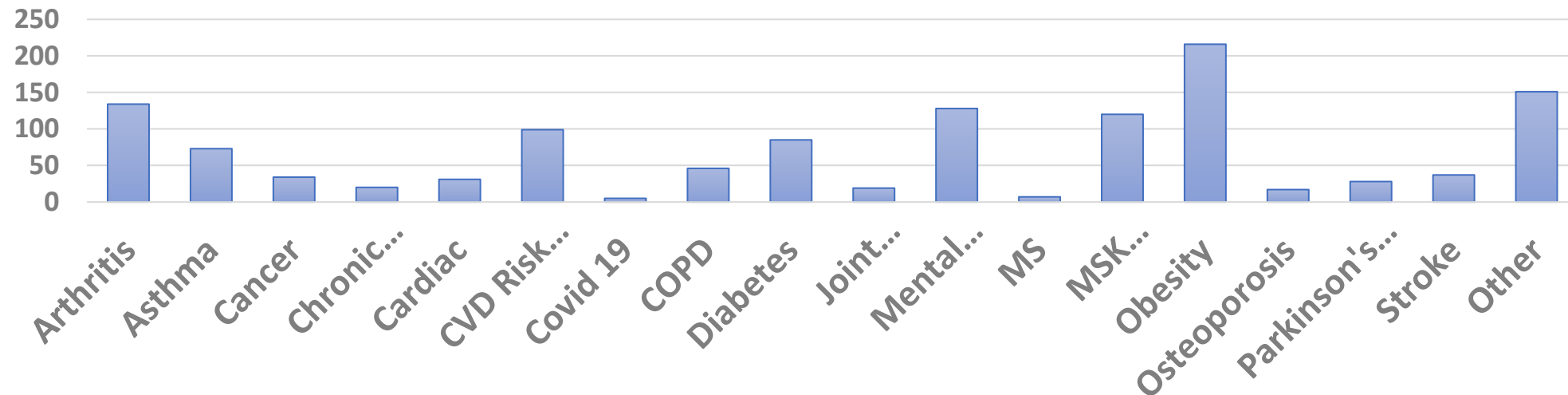
3,097



- Health & Wellbeing - Long Term health conditions
- Hard to reach groups – low income families, BAME and older people
- Interaction Scheme – Mental Health Scheme
- Junior Activities

Exercise Referral Scheme

- Exercise referral scheme working in partnership from GP's, Physio's, Consultants, specialists teams such as cardiac rehab phase III, Community stroke team and Mental health teams.
- Covers a wide range of long term health conditions ranging from joint injury, diabetes, obesity to cancer and mental health.
- Cardiac Rehabilitation Phase IV / COPD / Exercise after Stroke / Mental Health
- The scheme runs over three months, and it includes three touchpoint assessments to monitor and engage members.
- They are offered a reduced membership to use our facilities and are given advice and guidance on what activities would be suitable for them and their conditions.



Class timetable

Classes can be attended after first assessment

Nordic Walking <i>No assessment required</i>	Monday	2.00-3.00pm
GP Aqua Fit <i>3.00-4.00pm during school holidays</i>	Monday	2.30-3.30pm
Escape Pain Course <i>6 week course, speak to a consultant for start date</i>	Monday	3.00-4.00pm
VI Gym Session	Tuesday	11.00am-12.00pm
Cardiac Rehab	Tuesday	11.30am-12.30pm & 2.30-3.30pm
COPD Maintenance	Tuesday	10.00-11.00am
Stroke Swim	Tuesday	11.00am-12.00pm
Cardiac Rehab	Wednesday	10.00-11.00am
COPD Maintenance <i>Class held at Pyramids Centre</i>	Wednesday	1.30-2.30pm
Chair Exercise	Wednesday	2.00-3.00pm
Low Impact Circuits <i>No assessment required</i>	Thursday	12.00-1.00pm
Escape Pain Course <i>6 week course, speak to a consultant for start date</i>	Thursday	1.30-2.30pm
Parkinson's Group	Friday	10.30am-12.00pm
COPD Maintenance	Friday	11.00am-12.00pm
PD Challenge	Friday	12.00-1.00pm
GP Aqua Fit <i>3.00-4.00pm during school holidays</i>	Friday	2.30-3.30pm

Classes take place at Mountbatten Leisure Centre unless stated otherwise

Contact:

Mountbatten Leisure Centre
Alexandra Park, Portsmouth
PO2 9QA
02393 200358
exercisereferralmlc@bhlive.org.uk
bhlive.org.uk

Pyramids Centre
Clarence Esplanade, Portsmouth
PO5 3ST
02393 200330
healthreferral.pyramids@bhlive.org.uk
bhlive.org.uk

Portsmouth Exercise Referral Scheme

at Mountbatten and Pyramids





Partnerships

- Working Age Parkinson's Portsmouth - Delivering weekly gym, class and swim sessions
- MacMillan & WesFit – cancer prehab
- Let's Bounce Back – weight management programmes with PCC
- Communities Against Cancer – Launched 3 x 6 week courses to deprived wards of Portsmouth – education and exercise
- Headway – gym and swimming sessions, seated chair classes for those with head injuries
- Breathe Easy – 4 x weekly COPD Sessions
- Stroke Scheme – Portsmouth City Council
- St James Hospital – 2 x weekly group exercise sessions

Health and Wellbeing Activities

We're here to help you feel better. If you're recovering from an illness or managing a chronic health condition, the right kind of activity can be the best medicine. Our expert team can arrange a bespoke, discounted programme of activities that can help you feel better and get back on your feet. Exercise is always great therapy for mind and body, but especially so if it helps you overcome things that get in life's way.

[Bournemouth & Poole](#)[Portsmouth](#)

PORTSMOUTH



Walking Football



COPD



Parkinson's



Walking Football

[Find Out More](#)



COPD

[Find Out More](#)



Parkinson's

[Find Out More](#)



SEND Swimming



Nordic Walking



Walking Netball



Sports Development

2023 Focus

- Low income families
- Linking in with BAME communities
- More activities for Mums/females
- Over 55's groups
- Disability Sport
- Youth Engagement/Juniors
- Portsmouth Interaction
- Promoting Leisure Card – under 12's free swimming



Low Income – Leisure Card

Access card provides 40% off PAYG and/or monthly membership

- Universal Credit
- Council Tax Reduction (does not apply to single person occupancy)
- Pension Credit
- Social Fund
- Attendance Allowance
- Carers Allowance
- Incapacity Benefit or Employment Support Allowance (Support Component)
- Industrial Injuries Benefit
- War Disablement Pension
- Working Tax Credit Disability Element
- A GP Letter of Disablement or other proof of disability (EG: CredAbility Access Card)
- Disability Living Allowance or Personal Independence Payment





Junior Sport

- Over 500 Junior members
- Diverse Junior Activity offer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
First splash Adult & baby 9:00 – 9:30am Teaching pool Mountbatten centre	Exploria – play and bounce (U5's) 10:00 – 11:00 am Exploria	First splash Adult & baby 9:00 – 9:30am Teaching pool Mountbatten centre	Mini games 2-4yrs 2:00 – 2:45 Tennis centre	Family Open Gym 3:45 – 4:45pm Gym floor Mountbatten centre and pyramids centre	Tots' tennis 2-4yrs 9:00 – 9:45am Tennis centre	Family Open Gym 10:30 – 4:30pm Gym floor Mountbatten centre and Pyramids centre
Tots' tennis 2-4yrs 9:15 – 10:00am Tennis centre	Soccer starters 2-4yrs 10:45 – 11:00am Tennis centre	Gym play (U5s) 9:30 – 10:15am Gymnastics centre	Exploria – 90mins play and bounce 4:15 – 5:45 Exploria	Hip hop 8-13yrs 5:00-5:45pm Dance studio Mountbatten centre	Soccer stars 5-7yrs 10:15 – 11:00am Tennis centre	
Family Open Gym 3:45 – 4:45pm Gym floor Mountbatten centre and Pyramids centre	Family yoga 5+ 4:15 – 5:00pm Pyramids centre	Gym play (U5s) 10:15 – 11:00am Gymnastics centre	Family Open Gym 3:45 – 4:45pm Gym floor Mountbatten centre and pyramids centre		Soccer stars 8-10yrs 11:00 – 11:45am Tennis centre	
Junior gym 8-13yrs 4:30-5:15pm Gym floor Pyramids centre	Family Open Gym 3:45 – 4:45pm Gym floor Mountbatten centre and Pyramids centre	Adult & U5s swim session 11:30 – 12:15am Learner pool Mountbatten centre	Junior gym 8-13yrs 4:30-5:15pm Gym floor Mountbatten centre		Family Open Gym 10:30 – 4:30pm Gym floor Mountbatten centre and Pyramids centre	
Junior Basketball 8-13yrs 4:15 – 5:00pm Main hall Mountbatten centre	Junior gym 8-13yrs 4:30-5:15pm Gym floor Mountbatten centre	Family Open Gym 3:45 – 4:45pm Gym floor Mountbatten centre and Pyramids centre	Athletics academy 5-8yrs 5:00-5:45pm Main hall Mountbatten centre			
Cheerleading 5-13yrs 4:30 – 5:15pm Dance studio Mountbatten centre		Junior gym 8-13yrs 4:30 – 5:15pm Pyramids centre				
Teen basketball 14-16yrs 5:15 – 6:00pm Main hall Mountbatten centre		Teen Gym 14-16yrs 4:30 – 5:15pm Gym floor Mountbatten centre				
Family clip 'N' climb 4+yrs 5:00 – 7pm Mountbatten centre		Family clip 'N' climb 4+yrs 5:00 – 6:00pm Mountbatten centre				

Class guide

- 0-4 years
- 5-7 years
- 8-13 years
- 14-16 years
- Pool classes
- Family

Pay as you go

All classes £3.50

Teaching pool sessions £4.80

Clip 'N' climb £6.50

Members

Classes included in the family and junior membership

In partnership with



Book now via the BH Live app or visit bhliveactive.org.uk



HAF Programme

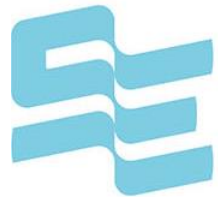
Holiday Activities & Food Programme

Funded by the Department for Education, the aim of the HAF programme is to offer free holiday clubs or activity places over the school holidays to children who receive benefits-related free school meals.

Junior Lessons

Over 4500 Children undertaking weekly lessons for swimming, gymnastics, tennis and football

British
Gymnastics

 **Swim
England**

 **TENNIS
FOR BRITAIN**

Disability Sport



DISABILITY PROGRAMME

HEADWAY

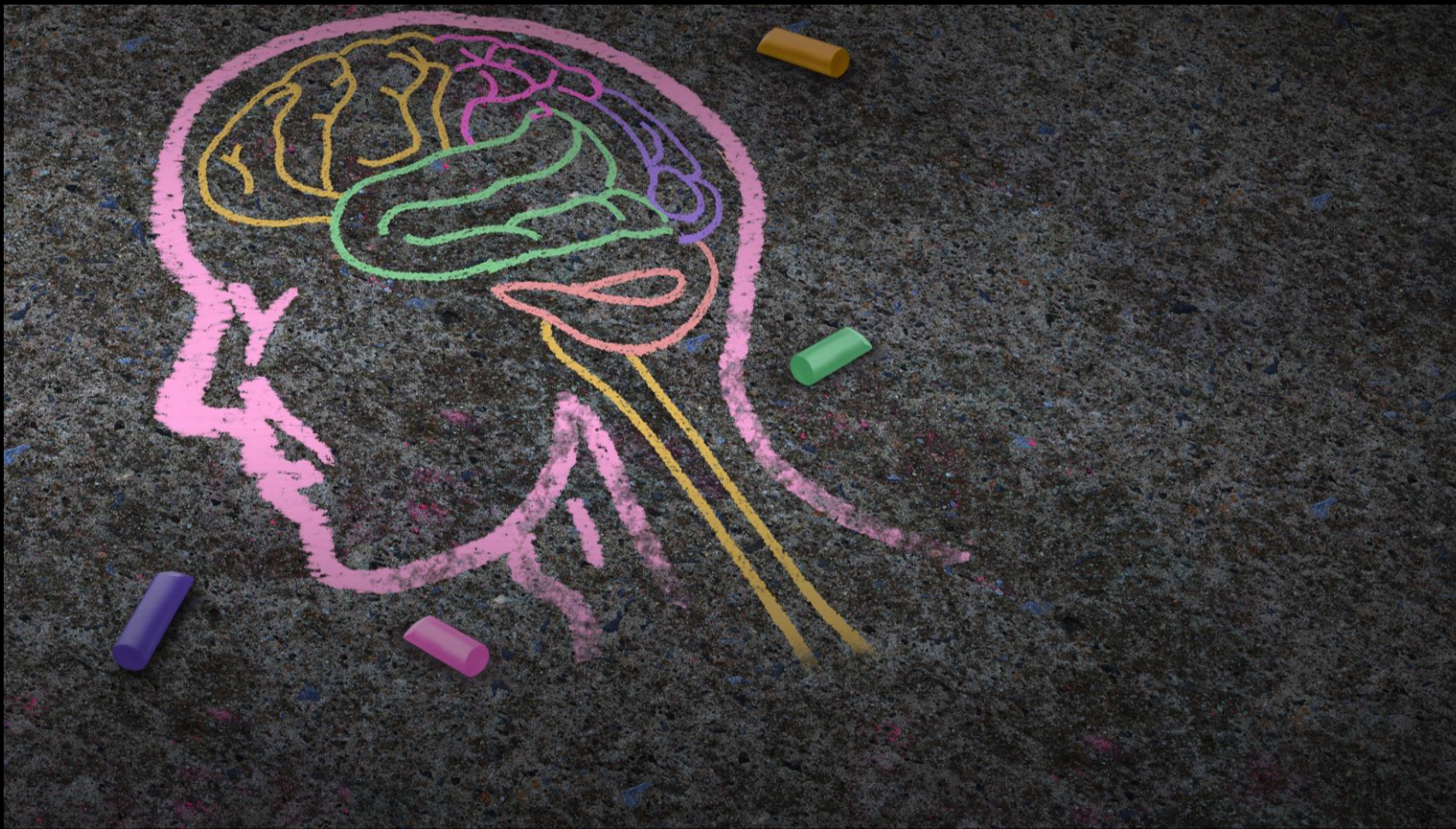
- Headway is a charity supporting those who have suffered serious brain injuries. We have been lucky enough to work with Headway for several years with the help of funding from the LTA and continue to have a great relationship with the charity.
- This session runs weekly with 12-16 players.

DS ACTIVE

- DS Active is a programme run by the Down's Syndrome association which aims to provide opportunity for people with Down's syndrome to lead active and healthy lives.
- We have also worked with this charity for a number of years delivering sessions to 8-12 players weekly.

ADULT VI

- We currently work with a VI player on a one-to-one basis. Neil regularly competes and became British champion in both singles and doubles in 2019.



Portsmouth Interaction

March 2023

Our aim

To improve the health and social inclusion of adults living with a mental health condition by providing opportunities for participation, personal development and achievement in sport and leisure activities

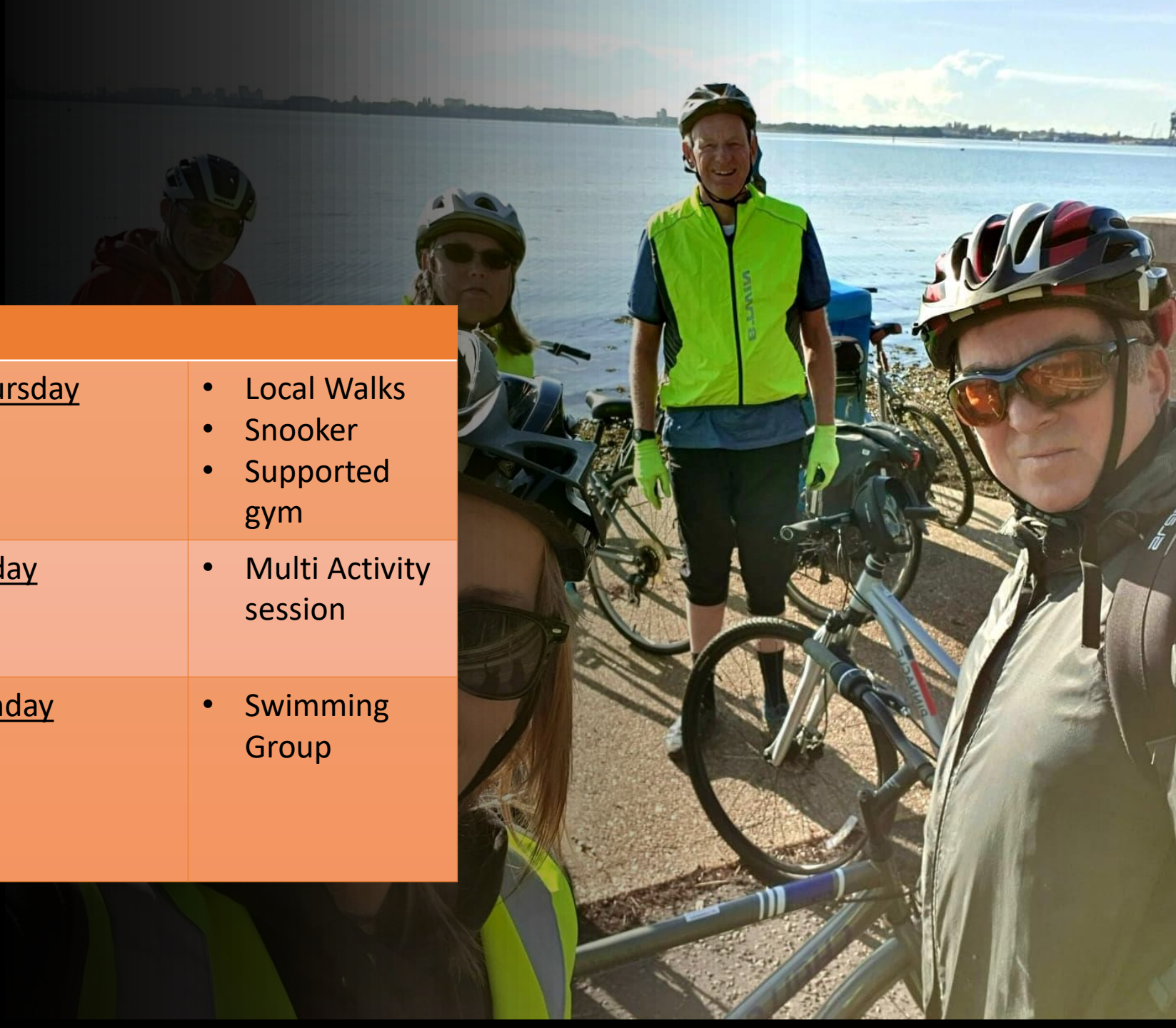
What we do

- Build a clear Pathway to activity from ward/Crisis to Community
- Deliver supported sport and recreational activities
- Create a friendly, non-threatening, inclusive environment
- Improve social networks
- Reduce isolation & loneliness
- Build confidence & social skills using sport and recreation as a vehicle to improve mental and physical well-being
- Encourage move on and growth by offering volunteering and training opportunities



Timetable of activities

Day	Activities		
<u>Monday</u>	• Walking Netball	<u>Thursday</u>	• Local Walks • Snooker • Supported gym
<u>Tuesday</u>	• Cycling • Back to badminton	<u>Friday</u>	• Multi Activity session
<u>Wednesday</u>	• Ten pin bowling • Conservation • Tennis • Supported gym	<u>Sunday</u>	• Swimming Group





Portsmouth
Interaction is
so much more
than a service
it's a lifeline



I wouldn't be
here if it wasn't
for Interaction



Everyone is
welcoming, I
have
something to
wake up for

Testimonials

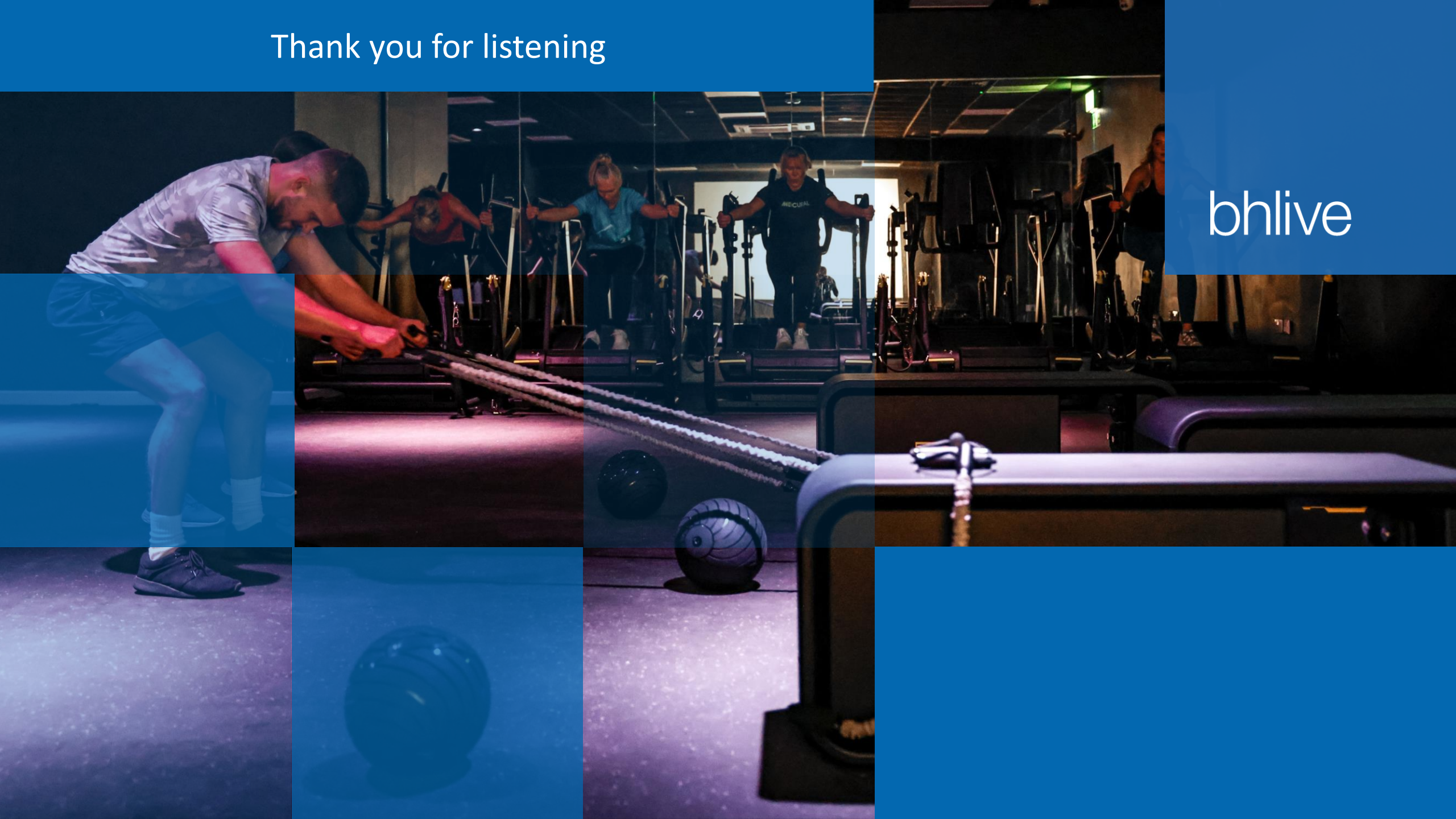
TOTAL SOCIAL VALUE**£3,210,663**

All activities & schemes delivered across Portsmouth & six venues

- Our aim is to increase our social value by 10% in 2023 - £3.55 Million
- Increase usage by operating a diverse programme that caters for all demographics, backgrounds and abilities
- Continued partnership work
- Seek funding to setup new initiatives
- Continued focus on Health & Wellbeing, hard to reach groups and junior activities

Thank you for listening

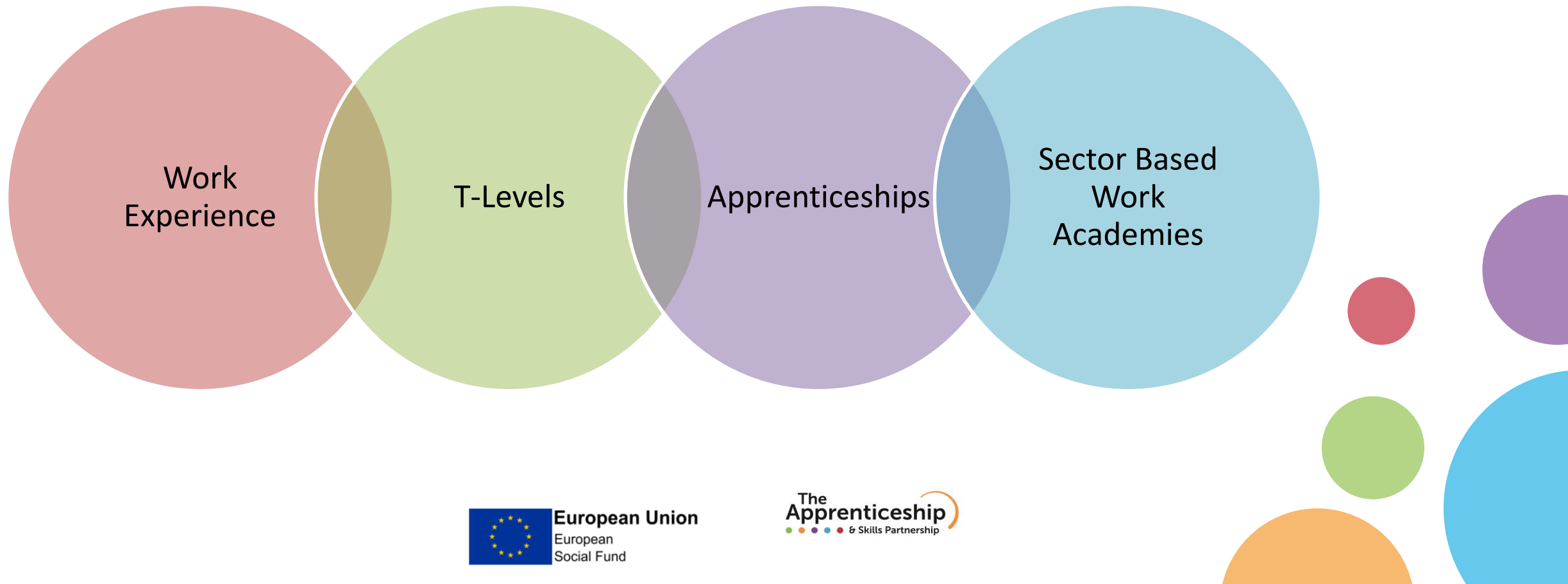
bhlive



Broadening Horizons

Jodi Fair
Jane Lamer

Positive Contributions



Other ways to get involved.....

- Careers events
- Enterprise Advisors
- Tours of premises/sites
- DWP Engagement
- LSIP



Next Steps

Want to know more....

hello@theapprenticeshiphub.com

[**www.theapprenticeshiphub.com**](http://www.theapprenticeshiphub.com)

Follow Us On Social Media



Agenda

Time	Item
9:30	Reporting, coffee and networking
10:00	<u>Welcome Speech</u> – Councillor Attwell – Cabinet Member for Communities and Central Services
10:10	Key Note Presentations • <u>Portsmouth Model - Achievements & Evolution</u> - Kelly Nash - Corporate Performance Manager, Portsmouth City Council & Richard Lock - Assistant Director, Procurement, Portsmouth City Council • <u>Breaking Barriers</u> - Lisa Lee - Regional Director of Care, Minstead Trust • <u>Building Lives Academy - The Next Step</u> - Ben Silsby - Senior Sustainability Manager, Willmott Dixon • <u>Making a Difference</u> - Knights Brown Construction - Matthew Spiller, Contracts Manager & Alison Threlkeld, Salvation Army • <u>Improving Lives</u> - Rob Cunningham - Director of Leisure, BH Live • <u>Lifelong Learning</u> - Jodie Fair - Solent Apprenticeship and Skills Hub Manager, Solent Apprenticeship and Skills Hub, Jane Lamer - Head of Economic Growth and Skills, Portsmouth City Council
11:10	Introduction of round tables
11:20	Coffee & Break
11:30	Round Table Discussions: • <u>Increasing Inclusivity & Addressing Inequalities</u> • <u>Maximising Community Benefit</u> • <u>Nurturing Emerging Talent & Skills</u> • <u>Forging a Healthy, Happy City for All</u>
12:00	Feedback from round tables.
12:20	Conclusion and Closing Remarks - Natasha Edmunds - Director of Corporate Services, Portsmouth City Council.
12:30	Networking

Conclusion and Closing Remarks

Natasha
Edmunds

*Director of Corporate
Services, Portsmouth
City Council.*



Thank you

