

# COULD YOU BE A COMMUNITY CHAMPION?



**Community Champions** are an exciting way to help the NHS and Portsmouth City Council communicate information to help people live a happier and healthier life

## **Do you...**

- › Want to make a difference in the community?
- › Have enthusiasm and willingness to help others?
- › Have good social skills to voice your thoughts and those of your community?

## **Could you...**

- › Build strong engagement and community connections through having a conversation?
- › Understand and share experiences of your community?
- › Use knowledge and awareness of your community to inform local projects?

## There are lots of ways you could help as a Community Champion. Here's a few ideas to get you started:

- › Be proactive and engage your community ( e.g. friends, family, work or education peers) by asking them open-ended questions about what's important to them
- › Promote your involvement in local newsletters or community bulletins
- › Link in with local voluntary, community, and social enterprise organisations in your area (such as parish councils, faith groups or interest groups such as sport, craft and drama) to share information, and hear people's thoughts and experiences and feed them back
- › Volunteer to be involved in the development of a campaign on a particular topic, e.g., develop a poster or leaflet, support with the production of a video, sketch a cartoon, hold an awareness session
- › Send out communications materials via email, text or social media

**If you are aged 18 and over and have a connection to Portsmouth we would love to hear from you.**

Email [champions@portsmouthcc.gov.uk](mailto:champions@portsmouthcc.gov.uk)

Or phone 07503 888814

