

0-5 Early Help Team Solent Health Visiting Newsletter



Supporting children to have the best start in life

The Enhanced Health Visiting Offer (ECHO) for identified children and families is now being delivered by Health Visitors from pregnancy through to 3 years

Our Universal Offer to all children 0-5 years

Antenatal home visit
New Birth home visit

6/8 week health review at a family hub
1 and 2 year health reviews at a family hub

Our Universal Plus Offers supports families when extra support and information is needed

**Are you looking for reliable resources to give to parents?
Are you often asked about sleep or toileting queries?**

Check out the Institute of Health Visiting (iHV) Top Tips for Parents @ ihv.org.uk

You can also follow the iHV on Twitter @iHealthVisiting



New ways for parents and partners to contact the Health Visiting Portsmouth

Solent Pulse is here! Got a question or query- text on 07491 163 275
Visit our website on- www.what0-18.nhs.uk/solent

Or contact Solent's Health Visiting Service- on 0300 123 6629
Don't forget providers can book in with a HV at the multi-agency drop-in