

Moderate	Lack of confidence to set or embed rules and routines Lack of understanding of child development	For parents of children with more challenging or severe behavioural difficulties, who are motivated to make changes in their parenting Behaviour is across a variety of settings- home, school, community or across a variety of children in same family	Access to Early help team via MASH contact form accompanied by EHA pccraduty@portsmouthcc.gcsx.gov.uk or EarlySupportReferralPanel@portsmouthcc.gcsx.gov.uk accompanied by EHA	Triple P course 5- 12 years (based of developmental age-some issue which focus on over 10s might be better supported by the teen Offer- please consult with Specialist Parenting support worker Tracy Brooks- Milton Family Hub Lorraine Morgan - Buckland Family Hub)	Up to 10 x 2.5 hour group sessions Parents are given a workbook to use throughout the course and take home. Involves use of DVD, large and small group discussions and activities, skills practise and homework tasks Provides an in-depth understanding of positive parenting. Next programme running Wednesdays 10-12.30 at Somerstown Family Hub starting 16.01.19
Mild	Lack of confidence in parenting at a specific stage of development Lack of confidence / experience of managing a specific behaviour or situation e.g sleep routines	Parents who are generally coping well but have one or two concerns with their child's behavior or development. There may be difficulties getting children to have good sleep routines, sibling arguments, fighting and aggression, managing risk taking in teenagers Parents are unlikely to have a lead professional (where there is a lead professional TAW support can be offered to provide advice to parents)	<p>Parenting surgery- Parents can call the family hubs to book at one of the weekly sessions</p> <p>School Nursing Children and Young People aged 5-16 Contact 0300 123 6629</p> <p>Health visiting Children aged 0-5 years - Contact 0300 123 6629 or named health visitor's mobile number.</p> <p>Discussion Groups- Parents can call the family hubs to book at one of timetabled sessions: Buckland Family Hub Turner Rd PO1 4PN Admin -02392733440 Landport Family Hub 221 Arundel St PO1 1NF Admin - 02392815005 Somerstown Family Hub Omega St PO5 4LP Admin- 02392821816 Milton Park Family Hub Perth Rd PO4 8EU Admin - 02392827392 Northern Parade Family Hub Doyle Ave PO2 9NE Admin - 02392660866 Paulsgrove Family Hub, Cheltenham Ave PO6 3PL Admin - 02392385995</p>	<p>Parenting advice surgeries for families where the behaviour issue is for children over 5 years</p> <p>School Nurse Appointments</p> <p>Health Visitor support for families who are experiencing difficulties with children under 5</p> <p>Primary Discussion Groups Age 5- 12 years (guide based on developmental stage and issues being addressed)</p> <p>Teen Discussion groups 12-16 years (guide based on developmental stage and issues being addressed)</p>	<p>Brief one time intervention and triage to identify additional support. Parents will be signposted to universal offer. If more complex needs are identified an EHA will be required and parents will be directed to contact school or will be referred to EHP service via MASH contact form</p> <p>School Nurses will offer drop-ins in school to support health concerns for children 5-16. Parents offered short intervention work with children</p> <p>One to one support with developmental and behavioural issues including Parent Child Game. Interventions and advice based on the Solihull Approach.</p> <p>Two and half-hour small group sessions, targeting a specific problem behaviour or issue. Each discussion group can be taken as a stand-alone session or as part of a series. There are three topics for parents of children 5 –12 (Dealing with disobedience; Managing fighting and aggression; Developing good bedtime routines;</p> <p>Two and half hour small group sessions, targeting a specific problem behavior or issue. Each discussion group can be taken as a stand-alone session or as part of a series. There are four topics (Coping with teenagers' emotions; Reducing family conflict; Getting teenagers to cooperate; Building teens survival skills)</p>

--	--	--	--	--	--