

**Early Help and Prevention  
Specialist Family Support Worker - Role Scope  
Healthy weight and physical activity (July 2018)**

<p><b>Direct work with families</b></p>	<p>The post holder will hold a caseload where there is a significant factor in the family's identified needs relating to healthy weight or physical inactivity. This work is likely to be more complex and challenging than the family work held by the family support worker colleagues.</p> <p>There may be occasions where joint home visits are undertaken to support the lead professional with specific interventions.</p>										
<p><b>Information, advice and guidance</b></p>	<p>This role is the 'go to' place for the provision of information, advice and guidance (IAG) regarding healthy weight and physical activity, with a specific focus on engaging the whole family in getting active and making healthy choices .</p> <p>This centres on having a robust knowledge of resources and tools to provide IAG for the Early Help and Prevention team and the wider workforce.</p> <p>In addition, the post holder will develop a robust professional network to 'sign-post' EHP colleagues and the wider workforce to when taking forward work with families. As part of this the post holder will be able to support practitioners to explore issues with families, identifying interventions and tools to use alongside their and own profession knowledge.</p> <p>Raising our profile across the Locality to develop our professional network, which could be done through some 'quick wins' at network meetings (i.e. issuing 'Top Tips').</p>										
<p><b>Team Around the Worker input</b></p>	<p>Developing professional relationships with key service providers across the city to ensure that there is a two-way understanding of both the Early Help and Prevention service and theirs. This will support both general inter-agency discussions and more robust joint working moving forward. This could be through semi-formal planned consultations or discussions, group advice sessions or through establishing 'Topic Champions'.</p> <p>Building on the existing delivery of relevant training for EHP colleagues and the wider workforce through workshops for front-line practitioners. This will need to be explored further and underpinned as part of the delivery of healthy weight workshops/course as the role and needs of families develops.</p> <p>The family lead professional will record case specific advice and actions agreed within EHP team on relevant family files.</p>										
<p><b>Strategy input</b></p>	<p>Finding appropriate opportunities to link with relevant strategy working groups and plans</p>										
<p><b>Key Relationships</b></p>	<table border="0"> <tr> <td>Locality Schools</td> <td>PITC</td> <td>Health Visiting</td> <td>School Nursing</td> <td>BH Live</td> </tr> <tr> <td>MABS</td> <td>CAMHS</td> <td>Physical Alliance group</td> <td>Public Health</td> <td>Motiv8</td> </tr> </table>	Locality Schools	PITC	Health Visiting	School Nursing	BH Live	MABS	CAMHS	Physical Alliance group	Public Health	Motiv8
Locality Schools	PITC	Health Visiting	School Nursing	BH Live							
MABS	CAMHS	Physical Alliance group	Public Health	Motiv8							