

We can help...

If you have problems with any of the following:

- Children in trouble with the police
- Children not going to school
- Finding it hard to get a job
- Not coping or getting depressed
- Physical and mental health problems
- Drugs and/or alcohol use
- Domestic violence or abuse in the home
- Risk of homelessness
- Health problems or worries



Portsmouth early help and prevention team

Family hub:

Lead worker:

Supervisor :

Information sharing

To support families as effectively as possible, Portsmouth City Council and partner organisations share relevant personal information with each other. Information is also shared for research purposes and to evaluate the help provided. This can be explained in more detail by your lead worker.

For more Information Visit www.portsmouth.gov.uk and search 'early help and prevention'.



You can get this information in large print, Braille, audio or in another language by calling 023 9284 1193

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www.portsmouth.gov.uk

stronger
futures



Help for families and young people in Portsmouth

Early help and prevention team



STRONGER FUTURES



www.portsmouth.gov.uk

What help is available?

The early help and prevention team in Portsmouth can provide practical help and support early on, to stop problems getting worse.

We will talk to you about what might help and what we can do differently to help get things back on track. We will listen to you, work with you and do what we say we are going to do.

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The help we can provide varies from family to family depending on the problems you are having. It could be help with getting children back to school and attending regularly, or help with finding work. You may have family members involved in crime or with addiction problems.

Some families will be struggling with all of these issues and more.

How the early help and prevention team work

We work with the whole family not just the children or a single family member.

You will have a main point of contact called a lead worker who you can contact when you want to talk about things or need practical help.

How long is it for?

We could be working with you for anything from a few weeks to a few months but this will be reviewed with you and your lead worker depending on your needs.

What if I don't want this help?

You don't have to use the early help and prevention service but you will still need to support your family to make things better. Talk to us and you can decide what help you need and we will work on a plan in the way you want.

What happens next?

Your lead worker will talk with you to understand more about your needs as a family and together you will agree an early help plan to outline the help and support you will get.

