

Parenting Surgeries-

For parents of children aged 5-19 who do not have a lead professional but want some general advice about behavioural issues

Central	Fridays	17.05.19 (alt weeks)	9-12noon	Lorraine Morgan
South	Wednesdays	10.04.19 ( alt weeks)	12.30-4.30pm	Tracy Brooks
North	Mondays/Wed	29.04.19 (alt weeks)	9-12 noon	Debbie Silk

Discussion Groups

Small group sessions, targeting a specific problem behavior or issue. Parents book on direct with the family hub . Parent can access a single session of a series to reinforce their understanding and use of Triple P techniques . Triple P Primary course will not run this term

<b>Triple P Primary</b>	<b>Developing good bedtime routines</b>	Somerstown	Wednesday	01.05.19	10-12.30	Lorraine	Creche
	<b>Dealing with disobedience</b>	Landport	Tuesday	14.05.19	10-12.30	Lorraine	Creche
	<b>Managing fighting and aggression</b>	Paulsgrove	Tuesday	21.05.19	10-12.30pm	Tracy	Creche
	<b>Dealing with disobedience</b>	Somerstown	Wednesday	12.06.19	5.30-8pm	Lorraine	Creche
	<b>Developing good bedtime routines</b>	Landport	Friday	14.06.19	10-12.30	Tracy	Creche
	<b>Managing fighting and aggression</b>	Buckland	Thursday	27.06.19	12-2.30pm	Lorraine	Creche
	<b>Dealing with disobedience</b>	Paulsgrove	Monday	08.07.19	9.30-12	Lorraine	Creche
	<b>Managing fighting and aggression</b>	Buckland	Monday	22.07.19	12-2.30pm	Lorraine	Creche
<b>Triple P Teen</b>	<b>Getting Teenagers to cooperate</b>	Somerstown	Thursday	25.04.19	12-2.30	Tracy	
	<b>Reducing Family Conflict</b>	Somerstown	Thursday	23.05.19	10-12.30	Tracy	
	<b>Building Teens Survival Skills</b>	Landport	Tuesday	11.06.19	10-12.30	Tracy	
	<b>Dealing with Teens emotions</b>	Paulsgrove	Wednesday	10.07.19	9.30-12	Debbie	

## Behaviour Management Offer Summer 2019

### Non Violent Resistance ( NVR)

For parents whose child is acting abusively towards them or beyond their control. Raising parental presence” becomes the alternative to trying to control an uncontrollable and often out of control child. For parents of children 5-18 years

Somerstown	Wednesday (PM)	25.04.19-10.07.19	6-8pm
Paulsgrove	Thursday	24.04.19-11.07.19	10-12noon
Somerstown	Tuesday	23.04.19-09.07.19	12.30-2.30pm

### Whose in Charge

For parents whose child is beyond their control This is a therapeutic and educational programme for parents of 10-18 years The goal is to empower parents by reducing stress and guilt,

Somerstown	Fridays	26.04.19	9.30-12
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### Professionals

The team can offer workshops for professionals or attend team meetings to explain the offer or introduce specific courses tools and approaches