Activities

Put your road safety knowledge to the test with our fun puzzles

- Talk in Assembly
- JRSO notice board
- Be Bright Day
- Be Bright display board
- JRSO speed watch
- JRSO parking patrol
- ABC Check
- Poster campaign
- School Crossing Patrol interview
- Crossword
- Green Cross Code breaker
- Word search
- Unscramble these words
- Champion of Champions
Activities

Speak at an assembly

Talking in assembly is a great way to tell other children about important road safety messages. As a JRSO, your first mission is to introduce yourself in a school assembly.

Remember…

Choose a road safety topic to talk about – use your JRSO year planner for ideas for each month or contact your Road Safety Officer for advice.

You can use assemblies to talk about new competitions or announce competition winners and give out certificates and prizes.

If you are nervous, ask a teacher to help you, perhaps they could read most of the bulletin and you could support them by reading some small sections.

Speak loudly, clearly and slowly during your talk. Try to make eye contact with the audience; this will make them listen to you more.

Try to make it interesting for the audience, maybe you could take some props, ask them questions or even make up a song.

How to speak at an assembly

Follow the 4 P’s

Permission
Always ask permission from your class teacher or headteacher to take part in an assembly as they may be able to help you.

Plan
Always work out a plan for your assembly. You will have to decide whether you want to do a fashion show, a talk, a short play, or a rap, song or poem. You may also have a super idea of your own. You could also get other pupils from your class or other classes to help.

Prepare
Give yourself plenty of time to prepare your assembly. You may have to get help from other pupils or adults. Sort out any costumes or props you may need and make any posters, banner, etc. You may need to do two assemblies – one for the infants and one for the upper school.

Practice
Give yourself plenty of time to practice your assembly. Try and ask for some time to get together with your helpers and go through the material you have prepared. Remember practice makes perfect!
Activities

JRSO notice board

A notice board is an excellent way of raising road safety awareness in your school. Your notice board should be in a place where it can be easily seen and it should display road safety notices, information, and competitions.

Remember...

- Give your notice board a clear heading
- Keep it simple
- Present short pieces of information neatly and brightly
- Change items on the notice board regularly
- Advertise any competitions you are running
- Display your road safety activity photos
- Let your creativity go wild!

Use short, snappy headings for example ‘Be safe be seen’, ‘Belt up’, ‘Always wear a cycle helmet’, ‘Find a safer place to cross’, or ‘Stop, look, listen, LIVE!’

If possible make the notice board movable (more on why later)
Be Bright Day!

As a JRSO you should always look for ways to promote walking, scootering and cycling to school.

However, when the clocks go back in October it starts to get much darker in the mornings and after school making these less safe to do.

To help keep your school friends safe you want to make them more aware about wearing bright colours or reflectors in the winter months. So why not organise a Be Bright Day?

**Remember...**

Being seen doesn’t have to mean wearing a yellow jacket; other fluorescent colours are available such as green, pink, red, and orange. Bags, hats and umbrellas can also be ‘high vis’.

**Step one: plan it**

Choose a date to run your Be Bright Day (a Friday is a popular choice).

Remind everyone the day before to kit themselves out as brightly as possible, with extra fluorescent or reflective items.

**Step two: do it**

On the morning of your Be Bright Day, have a class fashion show and choose a winner for the best bright outfit. Go round and collect a pound each from everybody for taking part and use as a fundraiser for your school.
Design a display for your school hall or foyer to show people how to be bright.

Include information on why it’s a good idea to be seen and how to be seen (fluorescent for day, reflective for night).

Make it really colourful and use different fluorescent colours, not just yellow. You can use fluorescent fabric pieces, paper, and paint from your school and include any photos from your Be Bright Day, such as the fashion show winner.

For reflective parts of the display, use reflective tape or if not available metallic crayons and silver foil.

You could include two pictures of people; one in dark clothes and one in fluorescent, reflective clothing.
JRSO speed watch

If speeding is a particular issue outside your school, then you can organise a speed watch operation with your Road Safety Officer and local Police Community Support Officer (PCSO).

You will help them deploy a speed monitoring device near to your school gate which records the speed of drivers as they approach for one hour.

Your job will then be to talk and present your findings to your school in an assembly.

Please email roadsafety@portsmouthcc.gov.uk if you would like to organise this.
JRSO parking patrol

For this task you will firstly need to design and create an official school parking ticket.

Accompanied by a Portsmouth City Council Parking Warden, you will then patrol the entrance area of the school and issue your parking ticket to any car drivers you find parking or stopping on yellow lines or ‘school keep clear’ Zig Zag lines.

When issuing the ticket you will need to talk and educate the driver about parking, stopping, or causing an obstruction outside your school!

You can also ask your teacher for some ‘Park and Stride’ maps to give to them.

Remember…

It is against the law to park on a zig zag.

Pin your parking ticket and a ‘Park and Stride’ map onto your JRSO board.

Parking on yellow lines is inconsiderate, causes an obstruction to traffic, and can endanger other road users or pedestrians.

Please email roadsafety@portsmouthcc.gov.uk if you would like to organise this.
Activities

Road safety poster competition

Have you seen any of these road safety publicity posters outside school?

For this competition you need to get your classmates to make a poster relating to a road safety message.

The message could be from this information pack or it could be an issue that is particularly important for your school.

For example, if you have a particular problem with parents parking on the zig zag lines outside your school, you could design a poster to raise awareness about this issue.

You should have a closing date for entries and you could even ask the headteacher to judge the winning entry.

The winning poster could be printed and put up outside the school gates to pass the message onto parents.
School crossing patrol interview

School crossing patrols play a very important role in keeping us all safe when we cross the road. In this activity you will interview your school’s. You can then write up the interview and put on the notice board.

Below are some example questions you could ask:

Q  When did you start the job?
Q  What hours do you work?
Q  About how many children do you cross each day?
Q  Why are school crossing patrols important?
Q  Do you enjoy your job?
Q  Do you have some fast cars passing while the children are crossing?
Q  Was it your dream to be a school crossing patrol?
Q  What would you like to be if you were not a school crossing patrol?
Q  Were you surprised to see what you had to wear?
Q  Do you like the uniform?
Q  If you could change the uniform, what would you change it to and why?
Q  Do you get cold doing your job?
Q  Is anyone else in your family a school crossing patrol?
Q  What items do school crossing patrols have to legally stop the traffic?
Q  What are the good points of your job?
Q  What are the bad points of your job?
Q  Would you like to work all day?
Activities

Crossword

**Down**
1. It’s the law to wear one of these in the car (8)
2. Protects your head when cycling (6)
3. A healthy way to get to school (7)
4. A black and white-striped crossing (5)
6. The type of clothing that can help you be seen at night (10)
8. A crossing you share with cyclists (6)
10. Green _ _ _ _ Code (5)

**Across**
5. Walk on this if there is one (8)
7. Look and _ _ _ _ _ _ _ _ in all directions for any traffic (6)
9. _ _ _ _ _ _ Island – cross halfway first (7)
11. Find a safe place to cross and _ _ _ _ (4)
12. Tunnel under the road you can walk through (6)

Name: _______________________________________
Class: _______________________________________

Activities Crossword
Across
1. A place where you can get from one side of the street to another (8)
4. What all vehicles on the road are called (7)
7. It is this if you cross between parked vehicles (9)
8. You walk over the busy road when you use this (10)
9. This hasn’t got spots it has black and white stripes (5)
11. This is the name of a bird but it has a red man and green man (7)

Down
2. Drivers at night would be able to see you more easily if you wear this material (10)
3. A place where children go to learn (6)
5. The name given to people when they are walking (10)
6. What the red man means at a Pelican (4)
10. This separates the road and the pavement (4)

Name: ____________________________
Class: ____________________________
How well do you know your Green Cross code?
Fill in the blanks and number the pieces so the code is complete and in the right order.

First find a safe place to cross, then say.

C____s when there is no traffic and there is enough ___e to get to the other side without running. If you are unsure don't cross.

S____d on the pavement, but not too close to the edge of the kerb.

Keep l____g and ______ing for traffic as you cross the road.

____k straight across the road. Do not run.

L____ and l____t_n in all directions for any traffic and t____n_ about what you are doing.

Name: _______________________________________
Class: ______________________________________
Activities

Word search

Try to find the words below.

1. safety
2. look
3. listen
4. stop
5. road
6. cross
7. car
8. helmet
9. seatbelt
10. traffic

Name: ________________________________
Class: ______________________________

13
Activities

Word search

Try to find the words below.

L X Z V A U T U S A I P C M E
Q A E F O O T B R I D G E N M
D I B S H D E E F A I W Y K O
P T R A F F I C L I G H T S T
R R A O O K A X U R S X H P O
P E C V A N B S P E E D I O R
O D R E B E X I U C S A N Y C
T S O R E L S U D I Z E K R Y
B U S I L O R R Y F A C J D C
E B S G H I G T E F I U I P L
R W I O R J U D P O S K F J E
S A N T I U A M L E F P E H P
P Y G U X N S B U C N S B S T
N F L R A N E T S I L B E C I
D G F W T I C P O L S U P F E
P E L I C A N C R O S S I N G
E P A T K I G N S P G O A I F
G R E N T L O O K L U N F E R
R A C T U H O T N E M E V A P
B E D O C S S O R C N E E R G

1. footbridge 7. look 13. think 16. speed
2. zebra crossing 8. pavement 14. car 17. taxi
3. subway 9. motorcycle 15. bus 18. green cross code
4. pelican crossing 10. listen
5. traffic lights 11. van
6. police officer 12. lorry

Name: ____________________________
Class: ____________________________
### Activities

#### Unscramble these words

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</table>
Activities

Words within words

How many words can you make using the letters in ‘reflective material’?

reflective material

________________________  __________________________  __________________________

________________________  __________________________  __________________________

________________________  __________________________  __________________________

________________________  __________________________  __________________________

________________________  __________________________  __________________________

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________________________  __________________________  __________________________

________________________  __________________________  __________________________

________________________  __________________________  __________________________

Name:_________________________________
Class:_________________________________
Fit the words in the list into the spiral grid. When the words are fitted correctly the last letter of each word is also the first letter of the next word.

To help you, we have given you the first and last letter of each word.

Don’t forget, as you work your way around the grid clockwise, some of the words will read backwards! Good luck.
Creative writing

We all know roads are really useful for us to travel about, but they are often full of fast, busy traffic and can be very dangerous to pedestrians.

We would like you to finish the story that is started below. Try and use some of the hints, tips and words at the bottom.

Terrible Tuesday – that’s how ten year old Tony would remember the dreadful day.

It all started so well – he had a great breakfast: cereal and fruit and toast. The sun was shining and it was going to be a fun day at school – he was in a match that afternoon, so no lessons!

He waved goodbye to his mum and set off down the street. He was so busy thinking about the match he wasn’t concentrating...


Hints

- Decide what’s going to happen. What vehicle/vehicles will be involved? Was Tony in the event or watching?
- Does someone act stupidly/forgetfully/carelessly?
- Was the driver/rider speeding/distracted?
- Describe the scene. Use as many adjectives as possible.
- What caused the crash? Who was hurt or injured?
- Finish it by explaining the title again and what Tony has learnt.

traffic  lorry  ambulance
chaotic  thundering  unconscious
queues  motorbike  crash
impatient  racing  skid
rushing  thud  remember
driver  silence  concentrate
pedestrian  scream  careful
tripped  emergency  help
slipped  

Name: ____________________________________________
Class: ____________________________________________
Activities

Vehicle Activated Signs

If traffic speed is a problem outside your school then you can help the Portsmouth City Council Road Safety team with their mobile Vehicle Activated Signs (VAS).

These special signs stay outside your school for one week and flash up warnings to speeding motorists to slow down and record their speeds.

You will then download the speeding information and present it the rest of your school in an assembly or with graphs on your JRSO notice board.

Things you could show are:

- average speed
- highest speed
- number of vehicles
- times of most traffic or speeding

If you would like to arrange for the Portsmouth City Council Road Safety Team to get the VAS up outside your school then email road.safety@portsmouthcc.gov.uk
ABC Quick Check

The ABC Quick Check is an easy way for you to remember what parts of the bike to check out before a ride. Practice the ABC Quick Check so you can do it in around 45 seconds.

A is for Air (in your tires)
- Are your tires pumped up to the proper pressure?
- If not then inflate tires to rated pressure as listed on the sidewall of the tire
- Check for damage to tire tread and sidewall
- Are they true (the wheel should spin straight)?

B is for Brakes
- Try your brakes. Do they stop your bike?
- Are the brake pads in the proper position and not too worn?
- Are the levers far enough from your handlebars?

C is for Chain and Cranks
- Is the chain on and lubricated?
- Do the pedals spin freely?
- Is there any looseness in the cranks when you pull on them?
- Is the chain moving smoothly?

If you would like a Community Warden to visit your school to demonstrate the ABC Quick Check and demonstrate the most effective ways to lock your bike, please email road.safety@portsmouthcc.gov.uk
Each year two schools from Portsmouth are chosen to compete against six other schools from North Hampshire, South Hampshire and Southampton at Champion of Champions Day, led by Hampshire Fire and Rescue Service at Eastleigh Fire Station.

The event celebrates the fantastic work that Junior Road Safety Officers do to promote road safety to their fellow school pupils.

The chosen schools are determined on your work carried out throughout the year. All you need to do is save as much evidence of all the great work that you have done to promote road safety in your school onto your My Journey USB stick.

If your school is lucky enough to be chosen, you will need to bring along material from your notice board (remember about making it movable).

This could include your competition entries, photos, newspaper cuttings, assemblies... anything showing what hard work your school have been doing surrounding road safety!

On the day, you will take part in a range of fun and exciting challenges which include playing the role of a Crime Scene Investigator at a dramatised road traffic accident, interviewing suspects to ascertain what caused the accident, and determining how it could have been avoided.

Your road safety knowledge will also be tested in games including identifying different types of road crossings and sounds you hear on the road, and completing a tricky road sign jigsaw challenge. (Tip: revise the crossings section on pages 8-11).

Points are collected throughout the day and the school with the most is crowned JRSO Champion of Champions!
Activities

JRSO job application

Well done for completing so many tasks and for encouraging everyone at your school to behave safely and responsibly whenever they are out on the roads.

You are now an expert JRSO so it’s over to you to think of new tasks to keep improving safety at your school.

At the end of year six you will be leaving your school so you will play a special part in helping to recruit next year’s Junior Road Safety Officers. Perhaps you can recruit some new JRSOs from the younger years and pass your knowledge on to them?

You can help to train the next Junior Road Safety Officers, by telling them the things you have done, what you have found helpful, and suggest ideas for projects they could do.

The selection process could include:

- putting a job advertisement onto the road safety notice board and producing a job application form
- arranging interviews and sitting on the panel

Questions to ask could be:

- Why do you want to be a Junior Road Safety Officer?
- What do you think you have to do to be a Junior Road Safety Officer?
- Why would you make a good Junior Road Safety Officer?
- What are your hobbies and interests?
Log on for lots more!

You’ll see this sign throughout the pack. It means there’s more information waiting for you on our website:

www.myjourneyportsmouth.com

You can find a list of other useful road safety websites on page 24.
You can get this Portsmouth City Council information in large print, Braille, audio or in another language by calling 9243 7951.