

Health Visitor Clinics in Portsmouth



Health Visitor Clinics are an opportunity for you to discuss the health of your child with your Health Visitor. You do not need an appointment, just drop in. Health Visitors can offer advice and information on topics such as:

- Infant feeding/healthy eating
- Keeping your child safe
- Childhood immunisations
- Sleep and behaviour
- Child development
- Groups and activities to support you and your child



For parents-to-be and families with under 5s in Portsmouth

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Northern Parade Children's Centre Doyle Ave, Hilsea 1.30pm - 4.00pm Tel: 023 9266 0866</p> <p>Milton Park Children's Centre Perth Road Southsea 9.30am - 11.30am Tel: 023 9282 7392 (Last entry: 11.15am)</p>	<p>Somerstown Children's Centre Omega Street, Southsea 9.30am - 11.00am Tel: 023 9282 1816</p> <p>Highbury Area Community and Children's Centre Hawthorn Crescent, Cosham 1.00pm - 3.00pm Tel: 023 9237 7610</p>	<p>Landport Children's Centre 221 Arundel Street, Portsmouth 9.30am - 11.00am Tel: 023 9281 5005 (Last entry: 10.45am)</p> <p>Cockleshell Community Centre Henderson Road, Eastney 10.00am - 11.30am 3rd Wednesday of every month Tel: 023 9282 7392</p> <p>Paulsgrove Children's Centre Cheltenham Road, Paulsgrove 1.00pm - 3.00pm Tel: 023 9238 5995 (Last entry: 2.45pm)</p>	<p>Milton Park Children's Centre Perth Road, Milton 1.00pm - 2.45pm Tel: 023 9282 7392 (Last entry: 2.30pm)</p> <p>Somerstown Children's Centre Omega Street, Southsea 9.30am - 11.30am Tel: 023 9282 1816</p>	<p>Buckland Children's Centre Turner Road, Buckland 9.30am - 12.00pm Tel: 023 9273 3440 (Last entry: 11.45am)</p>