

IF YOU WOULD LIKE TO BE A CARER

Who can become a shared lives carer?

- Carers come from all walks of life and backgrounds.
- Carers can also continue to go out to work.
- Carers can be single people, older couples or families with children.
- Carers must have a spare room.
- Shared Lives Carers will receive a weekly income of between £290–£400. Contact the team for more details.

“ I go to my football training and athletics and sailing. My carer allows me to fit all these in. ”

How do I become a shared lives carer?

Contact the shared lives service who will support you to:

- Complete an application form requiring references.
- Obtain a Disclosure and Barring Service (DBS) check to ensure you can work with adults with support needs.
- Undertake the approval process which will include working closely with a shared lives officer in your own home.

Shared Lives Service
Carnegie Library
Fratton Road
Portsmouth
PO1 5EZ

Phone: 023 9261 6700
07957 384969

Email: shared.lives@portsmouthcc.gov.uk

SHARED LIVES

IT'S MORE THAN YOU THINK

For adults who need some help
to live the life they choose



You can get this information in large print, Braille, audio or in another language by calling 023 9261 6700

It's more than
^a **JOB** it's your
LIFESTYLE

ABOUT THE SERVICE

What is shared lives?

- A unique service for adults who need some help to live the life they choose.
- Accommodation and support, provided by families and individuals who share their own home and family life.
- Registered with Care Quality Commission.

What type of service does shared lives provide?

- Long stay.
- Short stays.
- Short breaks.
- Day support.
- Rehabilitative support.
- Continuing support, if needed, following a move onto more independent living.

The service aims to ensure:

- Arrangements are well matched and the needs of individuals are central to the process.
- Carers have the knowledge and skills to support an individual.
- The safety, dignity, independence and rights of the individual are maintained.
- There is day to day support for carers.
- There are relevant learning and development opportunities.

“ They are there to help me anytime I need it. Living with someone in Shared Lives is the answer for me ”



FOR MORE INFORMATION
CALL US NOW
07957 384 969

IF YOU NEED SUPPORT

Who can use shared lives?

- People with a learning disability.
- People with a physical disability.
- People with mental health needs.
- Young people in transition to adult services.
- People with a sensory impairment.
- People with drug and alcohol issues.
- People with dementia
- People in need of recovery and reablement

If you have health or care needs and think you may benefit from a different kind of care contact us today for more information on how to be referred to Shared Lives by your health and care professionals.

“ Living with Shared Lives carers is perfect for me. They are like the family I don't have. ”

Living with a shared lives carer would mean you:

- Have your own private bedroom.
- Live in a friendly household.
- Can get as much help as you need to lead the life you choose.

“ Been with the same family all that time, I can't think of any way it could be better. ”